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On the Front Cover: — Members of the Team Travis maintenance squadrons work on the C-5 Galaxy aircraft in preparation of the C-5 surge, Oct 6. (See story on Page 4) U.S. Air Force photos/Lt. Col. Robert Couse-Baker

Contact magazine is the monthly, authorized publication for members of the U.S. military and their families. The contents expressed herein are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U.S. Air Force. All photographs are U.S. Air Force photos unless otherwise indicated.

Veteran's Day - a time to pay tribute



by Col. "Jay" Flournoy 349th Air Mobility Wing Commander

his month we will take time out, as we always do on Veteran's Day, to pay special tribute to the millions of veterans who served and are still serving this great nation. From Private Frank Buckles, who passed in March of this year at age 110, and was the last known surviving World War I veteran, to the youngest recruit who took a solemn oath, to the countless brave men and women who paid the ultimate price defending the freedom that we are able to enjoy, we remember them all. We promise to serve with the utmost dedication, drive and determination, exceeding all standards of excellence and to never forget the sacrifices that they made for all of us.

Over the past two years, I've been blessed to be able to serve alongside so many truly professional citizen airmen, whose sacrifice of time away from family, friends and employers, to serve in the Air Force Reserve has been nothing short of phenomenal. I want to thank each and every one of you for your tireless efforts and your unwavering support to the entire 349th Air Mobility Wing team.

You've met each challenge head on and continuously come out on top. Your outstanding unit and individual accomplishments continue to be recognized at all levels and for that you can be very proud. The same warrior spirit that has taken you through multiple deployments to combat the enemy, care for our wounded warriors or to transport our nation's senior leaders to locations around the globe will certainly carry you through the upcoming challenges we face as a military, and as a nation.

The Navy's newest recruiting commercial says it best when describing the call to serve and I hope that you'll always take these words to heart.

"The call to serve, it has no sound, yet I have heard it in the whispered retelling of honorable sacrifices made by those who have served before me. The call to serve has no form, yet I have clearly seen it in the eyes of the men and women infinitely more courageous and more driven than most. The call to serve has no weight, yet I have held it in my hands. I will commit to carry it close to my heart until my country is safe and the anguish of those less fortunate is soothed. The call to serve is at once invisible and always present, and for those who choose to answer the call, for their country, for their fellow man and for themselves, it is the most powerful force on earth."

Thank you for answering that call to serve here at the 349th AMW. Thank you for the tremendous sacrifices that you continue to make for your units and your fellow Wingmen. I look forward to seeing you soar to even greater heights in the years to come. God bless you and fight on!

Spending time with my other family

by Chief Master Sgt. Robert A. Fletcher 312th Airlift Squadron

have had a truly blessed career that was not of my own doing. It takes a lot of people to get someone promoted to

First and foremost came my parents. My dad instilled in me my work ethics. Dad would work all day at the mill and then come home and do chores. He never complained. As I got old enough some of these chores became mine. Even though I was in school and had a job on a horse ranch, I never complained either. Dad had taught me well. My mom taught me compassion for others and gave me my sarcastic sense of humor. Both have served me well through my life.

I still remember the look of shock on both of their faces when I came home from school one day and announced I was joining the U.S. Air Force. I come from a small town in Pennsylvania and had never been in an airplane. In the Air Force, a new set of people took over guiding me.

Staff Sgt. Roberts was my basic military training instructor. Man, I hated that guy! When he finally allowed us to pass out in our beds around 2 a.m. that first night, I dreamt the Air Force had been abolished and I was allowed to go home. Fortunately it was a dream. He taught me how lucky I was to be in such an outstanding organization, it was a privilege, not a right. I had to prove I was worthy every day with that guy. And he was right!

Staff Sgt. Stevens was my main instructor at aircraft maintenance school. He gave me my first taste of responsibility and leadership. As he pinned on my red rope, he told me how my life had just changed, and not necessarily for the better. Now I was responsible for the actions of others, as well as my own.

When they screwed up, I screwed up. I learned a ton about what it took to be a good leader from that guy, even though I was a nostriper, leading a bunch of no stripers.

True leaders help others to be successful. As I began my career here at Travis Air Force Base as a C-5 crew chief and later as a flight engineer, I had many noncommissioned officers and officers who helped mold me. Most notable was Senior Master Sgt. Albert Raymond who hired me into the Reserve. He helped me to not take myself so seriously - to laugh as I learned. Maj. (now Maj. Gen.) Frank Padilla helped me to believe in my decisions when I became the chief. Col. Milo Monbeck, my commander then, always told me "be the turtle." This was his way of saying, slow down, when making decisions.

All of these people and many more became my other family, my sounding board and support through good and bad times. My leadership style is a mixture of all the leaders I had throughout my career. Hopefully it is a good mixture!

I hope everyone uses their leaders this way. As my dad would say "trust your elders, they made their mistakes already."

Each night, as I lay my head down, I pray for my family, and my other family. I ask God to watch over them, keep them safe, help them to make the right life decisions. I always need them to help me make mine!

Helping Others this Holiday Season



Bins will be placed at the units for individuals to drop off canned goods and boxed items.

For 349th AMW members who need a little help this holiday

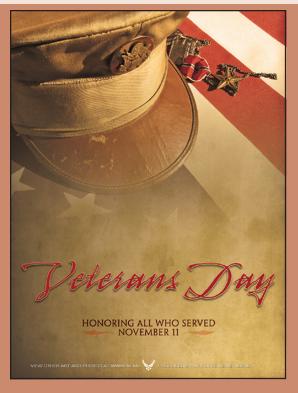
season...

This year's food drive will be thru December 19 and will focus on "helping our own."

Reservists will be able to "shop" for free for a couple of bagged food items at the Reserve Chaplains' office on UTA weekends or by seeing Mr. Jack Watts at Family Readiness.



For more information please contact Staff Sqt. Kenyetta King or Staff Sgt. Danielle Williams, 707-424-0308.



C-5 'surge:' Understanding the 'nexus' of the Galaxy

by Senior Master Sgt. Ellen Hatfield, 349th Public Affairs

or Travis Air Force Base, a normal day's workload for C-5 maintainers is demanding. They launch enough aircraft to meet the needs of military forces stationed around the globe. Double that for a surge of insystem C-5s worldwide and it's a daunting task, said Col. David Coley, 60th Maintenance Group commander.

For one week, Oct. 17 to 21, U.S. Transportation Command will have 41 C-5s flying mobility missions. Of those aircraft, a third of them will launch from Travis, as part of a demonstration of flexibility to meet strategic airlift needs for rapid global mobility.

"We need 14 here on station to launch the 12 for the surge," Coley said. "It requires multiple daily meetings to game plan for all the maintenance that needs to be accomplished on all of them. If they're off station, we need to get them here to meet the surge."

"These aircraft require lots of maintenance, because their systems are not singular," said Col. Sonny Giddings, 349th Maintenance Group commander. "There are multiples of gears, equipment and functions on the C-5.

"It's a balancing act to get the right Air Force specialty codes matched up to meet the maintenance needs," he said. That's where the reservists on extended orders come in,

supporting their active duty counterparts. With maintenance working three shifts around the clock, Reservists work alongside with 60th Airmen, wherever they are needed.

Both the colonels said they are up against about five or six other operations, or issues, they have to consider; including European based operations, the coming holidays, leave and family time and increased maintenance on hydraulics and fuel leaks, that occur with the incoming winter weather.

Also, at least a couple of times a month, the C-5 is carrying precious cargo — a load of fresh fruits and vegetables — to a lonely little atoll in the Pacific, for pick-up and transfer to the troops supporting operations in Afghanistan and Iraq.

Coley said they could move around scheduled maintenance when feasible, to meet the needs of the surge. Giddings added that the Reserve is able to cover maintenance needs on two separate unit training assembly weekends per month.

Coley said Travis is going well above their commitment tempo.

"But we are ready to show the Air Mobility Command commander that we have the ability to flex to meet our commitment," he said.



Senior Airman Justin Evans, crew chief with the 60th Aircraft Maintenance Squadron, rolls a used C-5 Galaxy tireand-wheel assembly to collection point after its removal from an aircraft Oct. 6, 2011 at Travis Air Force Base, Calif. (U.S. Air Force photo/Lt. Col. Robert Couse-Baker)

Flu season underway

by 60th Medical Group Public Health

easonal flu and cold season has started. The staff at David Grant USAF Medical Center reminds you there are a number of actions we should all take to prevent the spread of this infectious agent as well as other "wintertime" respiratory viruses.

"Seasonal flu is a contagious respiratory illness caused by a variety of influenza viruses that occurs every winter throughout the United States," said Lt. Col. Fred Kelsey, 60th Aerospace Medicine Squadron's Public Health flight commander. "It can cause mild to severe illness and at times can lead to death."

According to Colonel Kelsey, the best way to prevent or minimize the impact of seasonal flu is by getting your flu vaccination each year.

"Flu vaccinations are available through DGMC and are mandatory for military members," Kelsey said. "Yearly seasonal flu vaccinations begin in September as soon as vaccine is available and continue throughout the influenza season, usually ending in April."

Kelsey added that certain people need to get vaccinated each year because they are at high risk of having serious flu-related complications or because they live with or care for high risk persons. People in these groups include:

- · Children aged six months to 19 years old
 - · Pregnant women;
 - · People 50 years of age and older;
- · People of any age with certain chronic medical conditions;
- · People who live in nursing homes/ long-term care facilities
- People who live with or care for those at high risk for complications from flu, such as health care workers, household contacts of persons at high risk for complications from the flu, household contacts and out of home caregivers of children less than six months of age.

Flu and many other respiratory viruses are spread mainly from person to person through coughing or sneezing of people with the illness. Sometimes people may become infected by touching something with flu viruses on it and then touching their mouth or nose.

"Most adults with influenza may be able to infect others beginning one day before symptoms develop and up to five days after becoming sick. Children may pass the virus for longer than seven days," Kelsey explained. "Symptoms start one to four days after the virus enters the body. That means you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick."

Kelsey also stressed some persons can be infected with the flu virus but have no symptoms. During this time, those persons can still spread the virus to others, so take everyday preventive actions to prevent spreading the flu or other respiratory viruses, even if you don't feel ill.

- · Cover your nose and mouth with a tissue when you cough or sneeze. Throw it in the trash after you use it;
- · Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective;
- · Avoid touching your eyes, nose or mouth, and clean commonly touched objects such as door knobs and phones often
 - · Try to avoid close contact with sick people.

"If you are sick with flu-like symptoms, the Centers for Disease Control and Prevention recommend you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities," Kelsey said. "Your fever should be gone without the use of a fever-reducing medicine before you go back to work."

If you get the flu:

- · Stay home from work or school;
- · Get lots of rest;
- Drink plenty of liquids
- · Avoid using alcohol and tobacco

There are over-the-counter medications to relieve the symptoms of the flu. However, never give aspirin to children or teenagers who have flu-like symptoms, particularly fever. If needed, consult your doctor for the best treatment, but also be aware of these warning signs that require urgent medical attention:

In children:

- · Fast breathing or trouble breathing
- · Bluish skin color
- Not drinking enough fluids
- · Not waking up or not interacting
- · Being so irritable that the child does not want to be held
- · Flu-like symptoms improve but then return with fever and worse cough
 - · Fever with a rash

In adults:

- · Difficulty breathing or shortness of breath
- · Pain or pressure in the chest or abdomen
- · Sudden dizziness
- Confusion
- · Severe or persistent vomiting

The majority of people will recover from the flu without any complications. For more information, call DGMC's Public Health flight at 707-423-5464.

Reserve members can get their flu shots 8 a.m.-3:30 p.m. on Saturday for all shots including Flu and Sunday 9-11 a.m. for Flu shots only. For more information on the 349th Flu shot program, contact the 349th Aerospace Medicine Squadron at 707-424-3812

Outside the wire - Maintenance chief finds

hief Master Sgt. Terry Kirkbride jumped at the chance to volunteer for a joint tasking deployment to
Afghanistan in October of 2010. This maintenance superintendent found himself standing way outside his comfort zone, but the challenges of his experience rewarded him in ways he never imagined. Not only did he bridge the gap between his Airmen and the soldiers there, he earned a Bronze Star and Combat Action Badge for his bravery and willingness to go into the danger zone to lead.

The chief was assigned as the Superintendent, 766th Airspace Expeditionary Squadron, to Regional Command East. He was assigned to one forward operating base, with responsibility for about 300 combat Airmen at 56 different forward operating bases and combat outposts. They were all part of Combined Joint Task Force 101, with oversight provided by the U.S. Army.

"The Army came up short on certain skill sets, anywhere from medical surgical teams to explosive ordinance disposal, agricultural development teams, Provincial Reconstruction teams and more, about 20 specialty codes," said the chief. "So we filled those taskings for them, and they retain tactical command. Because our Airmen were spread out across eastern Afghanistan, it makes more sense that the squadron go to them in terms of their needs, and support."

Kirkbride said getting around attending to his Airmen meant he had to work within the infrastructure of the Army. As an E-9, he could travel about rather freely, but his mode of transportation could be, well, unorthodox. "Anyone below the rank of O-6 or E-9 had to use me to go somewhere," he said. "If my O-5 told me we were going to Kandahar for a change of command, I had to facilitate the travel, as I could go and take one other person with me."

He flew in a number of helicopters, both U.S. and Polish Army Chinooks, Sikorskys, Black Hawks, Canadian UH-1s, "anything I could get a ride on, even a U.S. mail plane, but we

U.S. Air Force courtesy photo

won't talk about that" he said with a grin. He flew in short take-off/ landing aircraft and C-130s. "If you fly fixedwing, you can go into

larger

hubs;

there

were

The Chief in his mine resistant ambush protected vehicle (MRAP), ready to go out on convoy with his U.S. Army team.

about four. Combat posts and forward operating locations is where the helos and convoys came in," he said.

He ended up traversing about 48,000 square miles of battle space on 84 combat missions, to give his Airmen hands-on supervision and lead and mentor them. He remembers about 32 convoy movements he was involved in, to get where he needed to go. They traveled in mine resistant ambush protected vehicles (MRAPs). "Not only did I have to learn to drive one, in case the driver became incapacitated, I also had a position in the vehicle," Kirkbride said. "I sat behind the driver, and if the gunner went down, I had to take over the gunner position. I had to learn how to fire that 50 caliber weapon, get an ammunition box up, and how to feed it. That was interesting. Luckily, I didn't have to take over the gun."

He was involved in four complex attacks, 19 indirect fire attacks. A few were pretty horrific, according to the chief. On one convoy, they estimate a 350-pound bomb blew off the entire



Chief Kirkbride's agricultural development team discusses a land

unexpected rewards on joint assignment

by Senior Master Sgt. Ellen Hatfield, 349th Public Affairs

front of their lead vehicle. The chief's vehicle was third in line. Inside an MRAP is rather like a vault, but everyone is wearing headsets, so they can hear the chatter, playful verbal jousting between the young soldiers.

"I looked over the shoulder of the driver, saw a flash and an explosion, but we could barely hear it inside, it's surreal," he said. "The chatter stopped instantly, and we heard 'enemy contact on the left,' and this soldier starts unloading (fire) in that direction. The guys in the vehicle that was hit survived, but they got rocked pretty good." He said that type of blast leaves back

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

-- Dr. Martin Luther King, Jr.



d negotiation with local Afghan village elders.

injuries and of course, traumatic brain injury.

The battle continued. and their convoy was taking rocket propelled grenade hits as well. Kirkbride said that strangely, at that point, his role was to do nothing. "If you've ever heard of the



U.S. Air Force courtesy photo

While visiting with his Afghan National Army counterparts at a border control center on the Pakistan border, Chief Kirkbride checks out a heavy machine gun. The plastic bottles are put over stakes as a safety measure.

'flight or fight' instinct, I wanted to do both of those things at the same time. I had to remind myself, I can't get out of this vehicle." He was in a five-point restraint harness, and at that moment, the safest place he could be. And it all happened very fast.

Although in his travels he often came under fire, and once a helicopter he was riding in was shot at, things settled down. Until during a mission to a forwarding operating location, when they came under a ferocious attack. As small arms and mortar fire rained down, he led four Airmen to safe shelter away from the perimeter, but not before he was rocked hard, diving for cover behind a concrete barrier. "That rang my bell good," he said. He suffered some traumatic brain injury himself.

Communication was often the issue, and the chief tirelessly advocated for his Airmen. The Air Force and Army ways are different, so being a liaison and a skilled diplomat worked most of the time. When it didn't, Kirkbride stood his ground. He retained administrative and operational control of his Airman, he was their "top cover."

"Even as chiefs, we engage our Airmen, but the sergeant majors don't engage their soldiers. They leave that to the first sergeants and master sergeants. If you're below the rank of master sergeant, you don't talk to the sergeant major unless you're in trouble," he said, chuckling.

But he was rewarded to find that almost all the time, the young Airmen were not only doing well, they were excited about what they were doing, and what they were bringing to the fight. One time he went to visit a communications specialist Airman, the sole one embedded with an Army brigade combat team. And he wasn't there. "The communications equipment is very reliable, doesn't break often, so he was sort of like the 'Maytag' repairman, or a fire fighter, with a lot of waiting around. So the Army sent him out on patrol with their young soldiers, even

(See DEPLOYMENT on next page)

DEPLOYMENT...

(Continued from previous page)

though he shouldn't have done that. He was having the time of his life, but that was the last time he went outside the wire," said the chief, chuckling.

So vital was Kirkbride's leadership and combat experience to the mission, he was asked to extend his tour out two extra months. He said it was fast-paced, he was constantly on the move, and he didn't sleep much. But he felt strong and healthy, despite being more than 50 years old.

"All the time I was there, I didn't have an ache or a pain," he said. "The counselor I met with when I returned said that was because your adrenaline, which is a drug, is always heightened in that environment, hence that 'flight or fight' feeling that you get."

The chief was always eminently aware that a beautiful, sunny day could explode with a rocket attack, and he would have to dive for cover, or lead his Airmen out of harm's way. He said Afghanistan is one of the most dangerous places in the world. "I say that because our troops don't know who the enemy is until that person is shooting at them."

But his Airmen learned to adapt to the Army way of doing things, and partnered with their Army counterparts quickly, as comrades-in-arms. "They were happy, because they felt they



U.S. Air Force courtesy photo

During the holidays, Chief Master Sgt. Terry Kirkbride was in the right place at the right time to enjoy a visit and entertainment from comedian and actor, Robin Williams, pictured here.

were doing great things and contributing," said the chief.
"The whole deployment was amazing, and our Airmen are
doing amazing things every day in the fight."

Fit to Fight

Name: Master Sgt. Merope Leano

<u>Unit:</u> 945th Aircraft Maintenance Squadron <u>Job:</u> Electro-environmental Systems Specialist

Full-time: Air Reserve Technician

Part-time: Campus Monitor at Vanden High School

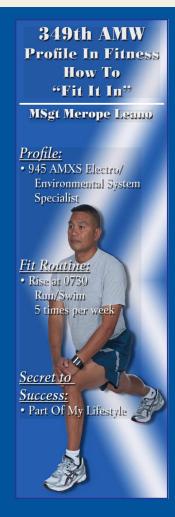
Why and how he stays Fit-to-Fight:

"Exercise is my release and a way of life. It gets the cob webs out of my body. If I don't exercise, I just don't feel right all day. Plus, we have to stay fit to deploy. It's our job."

In his 35 year career he has tried it all. He has participated in weight lifting, 5K runs, competitive canoe paddling, basketball, boxing and bicycling. Currently he alternates between swimming and running.

Advice:

"The most important thing for people to do is to have fun and stay active. I think people sometimes need to try a lot of different sports and activities to find the one they enjoy."



Team Travis Viking Challenge 2011

by Tech. Sgt. Les Waters 615th Contingency Response Wing Public Affairs

welve-hour relay - long day. Thirty-six teams - 2,768 miles run. Two beneficiaries - peace of mind and comfort. More than 350 service members and civilians from Travis, the local communities and Beale Air Force Base participated in the 2011 Viking Challenge, Oct. 1.

The Viking Challenge is a 12-hour relay race in which teams of up to ten people continuously run, jog or walk around the base's fitness center track. One member of each team completes one mile before passing the baton to the next team member.

This year's top honors went to the 60th Maintenance Squadron with 105 miles. The 571st Global Mobility Squadron came in second place with 104 miles and the 60th Medical Surgical Operations Squadron rounded out the top three with 102 miles.

"Overall it was a very successful event," said Capt. Matthew Sikkink, 571st Global Mobility Squadron. "The base came together to raise money for a good cause. I was very impressed with the level of participation for the event, especially with it occurring on a Saturday."

The annual event is the largest fundraiser for the Travis Fisher House. The Travis Fisher House, located next to David Grant USAF Medical Center, is a place of quiet respite for the families of Soldiers, Sailors, Airmen, Marines and Coast Guardsmen receiving medical treatment. It is a full service facility (rooms, kitchen, laundry, etc.) designed to accommodate up to seven families or 16 people at a time and provides a comfortable retreat for patient's families.

The Travis Fisher House is one of 43 "homes of comfort" built on military bases by the late philanthropists Zachary and Elizabeth Fisher. They created a foundation to provide military families in need a place to stay without charge when one of their members is hospitalized at DGMC.

Such is the case with the mother of Army Pfc. Daniel Murphy, Michele Maryea. Her son was diagnosed with Arnold-

Chiari malformation, which is a condition in which brain tissue protrudes into the spinal canal. It occurs when part of the skull is abnormally small or misshapen, pressing on the brain and forcing it downward.

Maryea's son had surgery Sept. 20 and she thought she was going to have stay in the hospital hallways during his recovery because she had just enough money for the plane ticket, but not enough for hotels.

"I didn't know anyone here and I had never heard of Fisher House," Maryea said. "It is because of the Fisher House and your donations, that I am in a safe place and able to be here with my son. It is with great honor that I am here telling my story today."

Maryea is not the only one currently receiving support from the Fisher House. Tech. Sgt. Jim Davis, 33rd Rescue Squadron at Kadena Air Base, Okinawa, was shot in the

(See CHALLENGE on Page 11)



The 349th Logistics Readiness Squadron team celebrates after completing the Viking Challenge 12-hour relay Oct. 1. Thirty-six teams completed 2,768 miles to help raise money for the Travis Fisher House. Competitors participated from the 60th Air Mobility Wing, the 615th Contingency Response Wing, the 349th AMW, Beale Air Force Base and the local community. The Reserve LRS team completed 64 miles, and the 349th AMW wing staff team of seven completed 72 miles. (U.S. Air Force photo/Senior Master Sgt. Ellen L. Hatfield)

Warrior of the month



U.S. Air Force photo by Lt. Col. Robert Couse-Baker

Warrior of the month: Capt. Janette

Miguel Williford

Squadron: 349th Aeromedical Evacuation

Squadron

Job title: Aeromedical Flight Nurse

Instructor

Civilian Job: Registered Nurse at a

community hospital

Hometown: Monterey, Calif. **Years in service:** 4 years

Family: Husband, Brad, Navy officer

Goals: Pursue masters degree in nursing

and participate in more joint training

Greatest achievements: Joining the U.S.

Air Force

Supervisor's comments about this Warrior:

"Capt. Miguel Williford has a go-getter personality with a great attitude. She's

always ready to step up to whatever needs to be done," said Maj. Kelly Rose. "She has worked diligently to excel as a flyer, a nurse and an officer, and now in her new role as an instructor. When I deploy, she'll be filling my shoes. I'm very impressed with how proactive she's been to learn the job. Best of all, she's great with our patients, very caring," Rose said.

349th Wing Traditional Reserve Vacancies

AFSC	AFSC Title	Rank	AFSC	AFSC Title	Rank
11G3	Generalist Pilot	Officer	3E851	Explosive Ordnance Disp	SSgt
11M3K	Mobility Pilot, General	Officer	3M071	Services	MSgt
11M2A	Mobility Pilot, General	Officer	3S271	Education & Training	SSgt/TSgt/MSgt
11M3S	Mobility Pilot	Officer	43H3	Public Health	Officer
11M3Y	Mobility Pilot	Officer	43P3	Pharmacist	Officer
12M3	Mobility Navigator	Officer	44F3	Family Physician	Officer
14N3	Intelligence Officer	Officer	44M3H	Internist	Officer
1A151	Flight Engineer	SSgt/TSgt	44Y3	Critical Care Medicine	Officer
1A291	Aircraft Loadmaster	TSgt/MSgt/SMS	45S3A	Surgeon	Officer
1C371	Command Post	TSgt	45S3B	Surgeon	Officer
1N071	Operations Intell	TSgt	46F3	Flight Nurse	Officer
21A3	Aircraft Maint	Officer	46M3	Nurse Anesthetist	Officer
2A571	Aerospace Maint	TSgt/MSgt	46N3	Clinical Nurse	Officer
2T251	Air Transportation	SSgt/TSgt	46N3E	Clinical Critical Nurse	Officer
2T271	Air Transportation	MSgt/SMSgt	46N3H	Clinical Nurse	Officer
2T351	Special Purpose Vehicle	SSgt	48A3	Aerospace Medicine	Officer
2W071	Munitions Systems	TSgt	4N051	Aerospace Medical Svs	SSgt
3E252	Electrical Power Prod	SSgt	4N071	Aerospace Medical Svs	TSgt/MSgt
3E251	Pavement & Const	SSgt	4N071C	Aerospace Med, IDMT	TSgt/MSgt
3E451	Utilities Systems	SSgt	4N091	Aerospace Medical Svs	SMSgt
3E473	Enviro Controls	SSgt	8F000	First Sergeant	MSgt/SMSgt
3E651	Operations Management	SSgt	5J051	Paralegal Assistant	SSgt
3D073	Cyber Security	TSgt	52R3	Chaplain	Officer

or more information about these vacancies, go to https://www.afpc.randolph.af.mil/afpcsecure/MainMenu.asp.

ENLISTED PROMOTIONS



SENIOR MASTER SERGEANT

NICKELL, LOREN, 349th LRS REED, WILLIAM III, 349th MXS



MASTER SERGEANT

CUELLAR, MARCO A., 749th AMXS
NAWROCKI, ANDREW R., 749th AMXS
DUBUQUE, LARRY J., 349th MXS
FOSTER, SILVA J., 301st AS
CHARLES, GARY L., 349th MAS
CANLAS, EMIL, 349th LRS
WILLIAMS, LONNIE E. III, 945th AMXS
ELLIOTT, LESTER L., 349th FSS
BAKER, DOUGLAS A., 349th CES (PEP)
OMO, LAURA E., 79th ARS (PEP)
SARGENT, BRIAN D., 70th ARS (PEP)

TECHNICAL SERGEANT

STUART, THOMAS S., 349th MOF BACLAYON, KEOLA, 749th AMXS LOZANODIGGINS, CLAUDIA, 749th AMXS REAY, ROBERT A., 749th AMXS STROTHER, LANCE, 749th AMXS CORONA, RICHARD F., 349th MXS BASA, ARTHUR J., 82nd APS KELLY, LANCE M., 82nd APS LEMCKE, ADAM S., 45th APS DEBERRY, SHERRON L., 55th APS BLOOM, PATRICK J., 301st AS LOPEZ, SABINA, 349th MAS



STAFF SERGEANT

WESSELS, BRETT, 349th ASTS BURRUS, WESLEY, 349th CES SHERMAN, BRIAN J., 749th AMXS

Effective October 2011 or earlier.

CHALLENGE...

(Continued from Page 9)

leg while deployed April 23, 2011 during a rescue in Afghanistan and is recovering at the Travis Fisher House. His wife, Kate, his son, Alex and his daughter, Nadia came from Okinawa and stayed at the Fisher House from May through August to support him.

"The Fisher House has helped in so many ways, especially when it comes to stress, Davis said. "Not having to worry about billeting and where my family was going to stay for nearly four months was a great relief. Can you imagine how much money we were able to save by not staying in hotels or in billeting? All I can say is thank you."

The event is sponsored by the 615th Contingency Response Wing Phoenix Mobility Program, a three-year internship program that introduces top junior officers to the Air Force's contingency response mission. As to date, the Viking Challenge has raised more than \$7,100. More donations are expected by the end of October.

The contributions from the base and surrounding communities help lessen the burden for those in the midst of struggle and hardship, offering a soft place to land during a painful time in someone's life. While these families are at the Travis Fisher House, they are "home."

Five year old Jack
Flournoy runs in
the Oct. 1 Viking
Challenge 12-hour
relay. Jack completed just over 10
miles to help raise
money for the
Travis Fisher
House. Located
next to David
Grant USAF
Medical Center, it
is a place of quiet
respite for the
families of Soldiers,
Sailors, Airmen,
Marines and Coast
Guardsmen receiving medical treatment. It is a full
service facility
(rooms, kitchen,
laundry, etc.)
designed to ac-



commodate up to seven families or 16 people at a time. U.S. Air Force photo/Senior Master Sgt. Ellen L. Hatfield

Nov A-Fit meals provided by MAS

he 349th Memorial Affairs Squadron will provide the 349th Air Mobility Wing meals Sat., Nov. 5, during Aflight UTA. Both the Sierra Inn and The Zone will be closed that day.

Members can pick up their meals individually from the designated area near the 349th MAS, Bldg. 404, just behind the Westwind Inn. There will be directional signs on and around the building/parking lot.

Members will sign and put their last four of their SSN on AF Form 79 when they pick up their meal. Meal times are as follows: Breakfast: 6-7:30 a.m.; Lunch: 11 a.m.-1 p.m., and Dinner: 4:30-6 p.m.

Enlisted are provided meals at no cost, officers are required to purchase meals: breakfast \$2.30 and lunch/dinner \$4.25 and are encouraged to bring exact change.

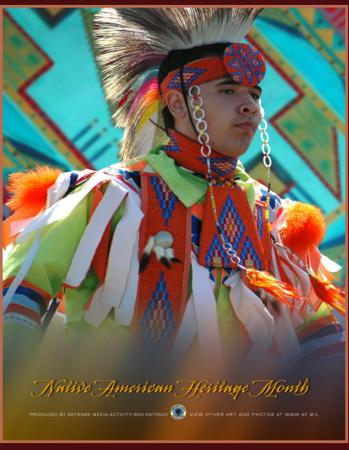
Change to Wing Commander's Call

Wing Commander's Calls will be conducted on Sunday A-Flight, Nov 6, 8-9 a.m., Base Theater, UOD for all. POC is Public Affairs, 707-424-3936.

Operation Give Thanks

t's that time of year again to visit the California Veterans Home in Yountville on Nov 24, Thanksgiving Day! This is the time to honor our senior veterans by serving them their Thanksgiving meal. Volunteers are needed to set up, serve, and clean up after the meal. If you are interested in participating, please e-mail the event coordinator, Senior Master Sgt. Dorothy Deerwester, at dorothy. deerwester@us.af.mil, or call her at (707) 424-5182.

November is Native American Heritage Month



Operation Teddy Bear

he holidays are right around the corner; and what better way to start the holiday season than to give a few hours of your time to make a child's day brighter.

Please volunteer to help the 349 AMW distribute Teddy Bears, Flags, gift bags, and some good cheer to area school children. Anyone who has time is welcome to come out. Bring your spouse, children, family members, friends, other reservists, active duty or civilians to join us during these joyous events. Help is also needed in preparing gifts bags for the children. Anyone fluent in Spanish, Filipino, Mong, Chinese or any of the dialects spoken in Cambodia, Vietnam and Laos, your help would be especially appreciated and would definitely be an asset to the continued success of Operation Teddy Bear!

School visits will be between December 12-16. Donations and volunteers are greatly needed! To see how you can best help, please contact Chief Master Sgt. Mark Kloeppel at 707-424-1643.

CFC runs until December 15th

A great way to help take care of Airmen and their families is by donating to the Combined Federal Campaign. The great thing about the CFC is the variety of different organizations you can choose from; everything from Travis AFB charities like the Fisher House, Diamond Club, and the Travis Youth Center to global charities that fight hunger or promote education around the world. Because of our varied life experiences, we all have causes that are special to us - CFC offers us an opportunity to target that specific cause and really make a difference. So take a minute, talk to your CFC rep or just go online to www.cfcnca.org and browse through the various charities.

